

Dear Parents and Carers,

I am writing this letter to introduce to you a new scheme of work recommended by the Diocese of Shrewsbury called Life to the Full.

In primary schools, the new statutory curriculum is called Relationships and Health Education. You might like to note that the 'S' from RSE (which stands for 'sex'!) has been removed. This means that Sex Education is not compulsory in primary schools. However, Relationships Education, Health Education and the Science Curriculum are compulsory.

A key decision for us as a primary school was to concentrate on the health and relationships and not to include Sex Education in this program but to teach this content in our science curriculum. We will however be teaching children about the changes to their minds and bodies and prepare them for puberty in upper key stage 2.

The **Life to the Full** programme is based on the structure of 'A Model Catholic RSE Curriculum' by the Catholic Education Service. This model curriculum was highlighted as a work of good practice by the Department of Education so we therefore have confidence that the programme will be fit for purpose in supporting the growth and development of your child.

At The Holy Spirit we believe that your child's wellbeing is our priority and we want our children to feel confident and successful and to build positive relationships, we think this is a great opportunity for our school to support the **Spiritual, Moral, Social** and **Cultural** education of your children. In the current situation this has never been more important than it is today.

For many years, Catholic schools have been at the forefront of providing for the pastoral needs of all pupils in their care. The virtues and values at the heart of Catholic education have ensured that children and their families have been well-supported on these matters

It might be easy to see prayer as an optional extra, or an 'if we have time' activity. However, the tenth principle* that Ten Ten has identified for a Catholic RSE programme is this:

We believe that it is impossible to teach a Catholic RSHE programme without the fuel that makes the motor run: a Catholic RSHE programme has to have prayer, Scripture and the Sacraments at its foundation – creating opportunities for pupils, teachers and parents to develop their prayer life and grow in a deeper relationship with the person of Jesus therefore, prayer, Scripture and the Sacraments fuel the teaching

Life to the Full is intended to be partnership between home, school and church. We know that you already do a fantastic job and we see our new programme, **Life to the Full**, as a means to further develop, support and enrich the partnership between home, school and church so that your child is fully supported.

Please take time to log on to the parent portal using the information below; have a look at the resources, guides and frequently asked questions. I have also included an information leaflet for you.

In addition there will be an online parent platform so that you, as parent and carers, can engage with the teaching and deepen the experience for your child. To access the online parent platform please visit:

www.tentenresources.co.uk/parent-portal

School Username: holy-spirit-wa7

School Password: jelly-fish.

Best wishes

Mrs Connolly (Headteacher)

The Holy Spirit Catholic Primary School